



Making Team Canada 2012

Do you have what it takes to wear the Red & White?

The Canadian Cheer Union will be selecting two national cheer teams to represent Canada in the 2012 International Cheer Union World Championship April 27th, 2012 in Orlando, Florida. We will be selecting the top athletes from all over the country to create an all girl and a coed level 5 cheer team. We will also be opening up the opportunity for applicants with Level 6 experience to tryout, and will field a team if the number of qualified athletes will allow us to be competitive in the division. There were over 60 countries represented at the 2010 World Cup and there will be even more attending this coming year.

Team Canada earned two gold medals at the 2011 World Cup, capturing the All-Girl and Co-ed Level 5 championship, repeating the victories of 2009 & 2010. Our partner stunt groups also had great showings earning a 4th place finish for both All-Girl & Coed.

If you think you have what it takes to be a part of this amazing team, then we would like to invite you to try out for a spot and an opportunity to represent your country in the ICU World Championships. This is an amazing experience – it is difficult to describe the pride felt by the athletes that step on the cheerleading floor to compete for their country. Don't miss your chance to be involved!

Team Canada Athlete Tryout & Video Process:

Requirements:

- All athletes must be 14 years of age as of December 31st, 2012
- Videos must be uploaded and tryout information must be received by February 1st, 2012 (before midnight)

Female:

1. Standing Tumbling: Back handspring x 2 to Layout.
2. Running Tumbling: A pass with a layout full.
3. Jump/Tumbling: Jump Combo with a standing tuck.
4. Note: Athletes must meet 2 of the above-mentioned 3 tumbling-related tryout requirements in order to tryout. Tumbling and jumps requirements **must** be shown on a non-sprung floor. We will not consider elements thrown on a sprung floor surface.
5. Stunting:
 - Most advanced twisting mount & release move
 - Tops must show all leg positions (scorpion, scale, bow/overstretch) & a double down
 - Most advanced basket toss
 - Have a stunt group that all want to try out for Team Canada? We'd love to see what all of you can do together! Please consider using other Team Canada applicants as your stunt group.

Male:

1. Partner Stunting: Toss to the top required
2. Running Tumbling: Three-element tumbling Line.
3. Jump/Tumbling: Jump Combo with a standing tuck.
4. Note: Tumbling and jumps requirements must be shown on a non-sprung floor. Elements shown on sprung floor will not be considered.

Note: If you are missing one of these skills, please still consider trying out! There may be some specialty positions on the team for those that are talented in one specific area, if that is what is required for the team to be most successful as a whole.

Video Instructions (Individual)

1. Videos should be no longer than 1 minute (anything after the 1 minute mark will not be judged), no background music or special effects, should be shot straight on and should include the following:

- 10 second Introduction (include name, age, stunt position, most recent team)
- 30 seconds of partner stunts & basket tosses (most advanced skills)
- 20 seconds of tumbling (include a jump/tuck combo) shown on non-sprung floor
- Footage must be from the 2011-2012 season. It is the expectation that athletes will attend routine camp with a mastery of skills shown in the tryout video.

2. Videos must be uploaded and tryout forms and fees (\$40) must be mailed in by February 1st, 2012-Midnight Eastern Standard Time.

3. Your video must be easy to find. Please use the following format to identify your video on YouTube: CCU2012_firstnamelastname. We cannot evaluate videos that we are unable to find.

4. Athlete videos will be judged by 1 coach/program from all of the teams who made finals at the 2010 Cheerleading Worlds, should they decide to be involved in the process.

Video Instructions (Group Stunt)

1. Videos should be no longer than 1 minute and 30 seconds, no background music or special effects, should be shot straight on and should include the following:

- 15 second introduction (include name, age, stunt position, most recent team).
- 45 seconds of partner stunts (most advanced skills)
- 10 seconds of basket tosses (most advanced)

2. Your routine should be the best possible level 6 routine. All-girl groups consist of 4 athletes. Co-ed groups of 2 athletes and a spotter.

3. Videos must be uploaded and tryout forms and fees must be received by February 1st, 2012-Midnight Eastern Standard Time.

4. Your group video should be posted using the following format to identify your video on YouTube: CCU2012_partnerstuntfirstname.lastname

Registration & Payment Notes:

- Teams & Group stunts will be posted online (www.canadiancheerunion.com) by February 15th 2012
- Before your video will be considered for selection you must mail your tryout form with waiver, \$40 tryout fee, photocopy of passport (to verify age, citizenship and permission to travel in the USA), and postdated payment.
- A cheque must be postdated for Feb. 1st for \$420 for returning athletes, \$560 for new athletes. (The difference in new vs. returning athlete fees is due to returning athletes already owning the team uniform). This fee includes practice uniforms, tracksuit, competition uniforms and travel into Ontario (for out of province athletes).
- Forms and fees must be received by February 1st, 2012. Please mail to:

Canadian Cheer Union c/o Cheer Sport Sharks
600 Boxwood Drive
Cambridge, ON
N3E 1A5
519-653-1221

Training Dates:

Practices are mandatory for all athletes involved. Athletes will Travel Wednesday April 18th, 2012 OR Thursday, April 19th, 2012 in the morning and must commit to the following practice schedule:

- Thursday April 19th (PM) – Tuesday, April 24th: Skills, Choreography/Routine training. Not all days will be full training days.

Athletes will then travel on Wednesday April 25th (we have a tentative practice scheduled for this day, ending at noon. We will only use the practice time if we need it) and Thursday April 26th (am flights only) to ensure they arrive in time for opening ceremonies, scheduled to take place on Thursday April 26th, mid-afternoon.

Location: TBD based on central location on majority of athletes.

New this year! Coaches of athletes that have made the team are welcome to attend training camp as a supporter for their athletes.

Please continue to keep up to date with the CCU by joining our facebook group, following us on twitter and regularly checking our website at www.canadiancheerunion.com

We are looking forward to an exciting 2012 Team Canada experience. Keep training hard and we hope to see your video online in January.

Cheers,

CCU Coaching Staff



Name: _____

Address: _____

Date of Birth: _____ Current Age: _____ Gender: M or F

Current Team: _____

Level the team competes at: _____

Stunting Position: _____

Athlete Email: _____

Athlete Phone Number: _____

Coaches Reference for Athletes:

1) Coach Name:
Coach Contact Number:

2) Coach Name:
Coach Contact Number:

URL of tryout video: www.youtube.com/ _____

Why do you think you would be a good representative for Canadian Cheerleading?

Other Items that must accompany this form:

- \$40 tryout fee
- Head Shot
- Photocopy of passport

Forms & Fees due NO LATER than February 1st, 2012 by midnight.